

ANDROPAUSE QUESTIONNAIRE

1. Do you have a decrease in libido? Yes No
2. Do you have a lack of energy? Yes No
3. Do you have a decrease in strength, endurance, or both? Yes No
4. Do you have loss in height? Yes No
5. Have you noticed a decrease in enjoyment in life? Yes No
6. Are you sad, grumpy and/or irritable? Yes No
7. Are your erections less strong? Yes No
8. Have you noticed a recent deterioration in your ability to play sports? Yes No
9. Are you falling asleep after dinner? Yes No
10. Has there been a recent deterioration in your work performance? Yes No

If you have answered yes to more than half of these questions, these symptoms may indicate that your testosterone levels may not be optimal.